

Vertical Thrills, Elevated Sensations

In Les 3 Vallées, the mountains are not only explored horizontally. They are climbed, crossed, even flown over. Perspectives shift, so do your bearings. Rock beneath your hands, air beneath your feet, cables and carabiners guiding your way, verticality becomes a playground in its own right.

Lac de la Rosière via ferrata, between rock and water

Courchevel Valley

Above **Lac de la Rosière**, the via ferrata unfolds a **lively yet accessible route** set in a striking natural environment. Along the rock face, the itinerary alternates footbridges, monkey bridges, cable sections, the Bénite ladder and the Tafoni bridge, suspended above rushing streams and facing the lake's turquoise waters.

The atmosphere remains approachable, ideal for a gentle introduction to vertical terrain, with just the right touch of thrill to build confidence and fully embrace the surroundings.

Step by step, the mountain reveals itself up close, in a playful progression where the terrain becomes your adventure ground. Face the rock.

Dent de Burgin via ferrata, altitude along the ridgeline

Méribel Valley

With the **Dent de Burgin** via ferrata, also known as Croix des Verdons, the scale shifts dramatically. **Perched at 2,739 metres, this route, considered the highest in France,** unfolds in a more mineral, more aerial environment.

Here, progress follows the ridge, hugging the mountain's contours, with sweeping views across the Vanoise and Écrins ranges all the way to Mont Blanc. The route alternates suspended sections with more accessible passages, creating a balance that makes the experience truly spectacular. This is mountain immersion on a grand scale.

Height is ever-present, the panorama accompanies every movement, and the sensation of moving between sky and rock gives the route its true intensity. An experience reserved for those at ease with exposure. Let's go higher.

La BEE, a life-size flight experience

Vallée des Belleville

In Val Thorens, the mountains are also experienced from the sky. With La BEE, the giant dual zipline, two people launch together for a 1,800-metre flight above the resort.

Suspended on a double cable, adventurers glide side by side, up to 65 metres above the ground, with nothing but peaks on the horizon. It's all about the sensation of floating through the landscape. The launch delivers a surge of adrenaline, followed by that unique moment when the terrain rushes beneath your feet and the mountains reveal themselves from an entirely new perspective.

A long, spectacular flight, thrilling yet smooth, blending speed, height and breathtaking panoramas. Together, you go further.

Climbing, in direct contact with the rock

Les 3 Vallées

In Les 3 Vallées, climbing offers a more direct, more precise and more physical way to engage with the terrain. **Natural cliffs, beginner routes and sport climbing areas provide the perfect setting to discover or refine your skills, across a variety of environments suited to all levels and ambitions.** Progress unfolds close to the rock, in a subtle reading of movement and terrain.

Guided by local experts, climbers learn to move safely, place their footing, find balance and build confidence. This activity reveals the mountain in a different way — through the very texture of the landscape. A more technical, grounded and deeply rewarding way to connect with altitude.

Ready to rise to the challenge?

First steps on a via ferrata, soaring high on a zipline, guided climbing experiences or more aerial routes at altitude, in Les 3 Vallées, everyone can find their own way to embrace vertical adventure.

