

In the shadow of the peaks, water and silence

In Les 3 Vallées, summer also unfolds along the water's edge. There are lakes to be earned, watersides where you linger, shores made for play, reflections revealed after the walk. Beneath the alpine sun, water reshapes the rhythm of the mountains: it cools the air, slows your pace, and opens peaceful interludes in vast open spaces.

From one valley to the next, each lake creates its own experience: family-friendly, contemplative, secluded, wild or delightfully gourmet.

Family adventure at Lac de la Rosière

Courchevel Valley

At the foot of the Dent du Villard, **Lac de la Rosière** reveals its turquoise waters within a preserved forest setting. An ideal spot to unwind, enjoy a picnic or take part in the many nature-based activities around the lake. This is where the adventure begins.

With **The Secrets of the Lake Cabin**, a new immersive orienteering trail lasting around 1.5 hours, families follow a treasure hunt through nature, history and local legends. The setting is perfect: lake, forest and trails all invite you to observe, explore and move forward while having fun.

Designed for children and their families, the experience transforms a walk into a moment of discovery. You search, follow clues and move forward together, seeing the landscape in a new light. A lively and playful way to explore the site. Adventure awaits young explorers!

Le Praz lake, a refreshing break

Courchevel Valley

Overlooked by the Olympic ski jumps, **Le Praz lake in Courchevel** is an easy-going summer spot, perfect for a family stop. In this green setting facing the mountains, days unfold simply between walks, fishing and supervised swimming.

Come for a few hours or stay longer, carried by its relaxed and welcoming atmosphere.

A place to breathe, where the mountains reveal a softer, more immediate side, almost spontaneous. One, two, three... breathe it all in!

Lac des Fées, a hidden gem

Méribel Valley

From **Lac de Tuéda in Méribel-Mottaret**, the hike towards Refuge du Saut leads to **Lac des Fées**, a small crystal-clear lake nestled on the Plateau de la Plagne, set slightly away from the main trail.

It reveals itself quietly along the way, like a place not found by chance.

And that very discretion is what makes it so special. More intimate than spectacular, the site captivates with its confidential charm and the feeling of having discovered a place apart. The frequent presence of marmots only enhances this sense of untouched mountain serenity.

Lac de Tuéda, closer to the stars

Méribel Valley

In the heart of the Tuéda Nature Reserve, in **Méribel-Mottaret**, **Lac de Tuéda** offers a peaceful landscape bordered by Swiss pine forests and accessible via well-maintained trails.

Water, forest and altitude combine to create a setting ideal for walking, observing and discovering the natural environment. A renowned spot for fly fishing, the site also impresses with the richness of its surroundings.

Nearby, the **Reserve House** enhances the visit with a permanent exhibition and activities focused on wildlife, flora and the balance of this protected area. A place to discover the mountains in a more attentive and meaningful way.

Lac du Lou, an alpine oasis

Les Belleville Valley

Between **Les Menuires and Val Thorens**, **Lac du Lou** opens a peaceful interlude high in the mountains. The panorama is wide and open, instantly inviting you to slow down, look up... and take your time.

By the water, Refuge du Lac du Lou welcomes hikers for a gourmet break that extends the experience.

The site is loved as much for its beauty as for its atmosphere: a calmer, more grounded mountain experience, where you come as much to walk as to truly pause.

Les Bruyères lake, an accessible escape

Les Belleville Valley

At **Les Bruyères lake** in **Les Menuires**, nature is effortless. Everything here is designed for families: easy access, flat terrain and activities within reach. Perfect for a walk with young children, a fishing session or a fun mountain bike ride.

Around the lake, **preserved wetlands reveal rich alpine biodiversity, easy to observe.** Sit down, breathe, listen to the murmur of the river... and simply enjoy. A nature break, truly accessible to all.

Fishing at altitude

Les 3 Vallées

In Les 3 Vallées, fishing offers another way to experience the mountains. **Lakes, streams and rivers provide numerous accessible spots in every valley**, each with its own setting yet always connected to freshness, silence and patience.

These alpine waters are home to **brown trout and rainbow trout**. Whether practiced casually or passionately, fishing invites you to discover the area differently, through a quieter, more attentive connection to the landscape. Will it bite?

Fishing permits available in every resort in Les 3 Vallées